

DON'T FORGET TO PACK:

CLOTHING

- 1 Outfit / Day: 1 Top + 1 Bottom
- 1.5 Pairs of Underwear & Socks / Day
- Jacket or Sweater
- Pajamas (x2 if needed)
- Extra Outfits as needed for nice restaurants or special activities
- 1 pair casual shoes, 1 pair "presentable shoes" (dress shoe or clean sneakers)
- Lounge pants for relaxing at night
- Flip flops or slippers for hotel
- Swimsuit, Cover-Up (can be a spare t-shirt and shorts), Sandals/Water Shoes
- Hat, Watch, Sunglasses
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TOILETRIES

- Toothbrush, Toothpaste, Floss
- Retainer, Orthodontic Rubber Bands or Wax
- Deodorant
- Facewash/Cleanser
- Acne Cream
- Shampoo, Conditioner, Hair Styling Products
- Razor and Shaving Cream
- Body Wash and Lotion
- Contacts & Contact Solution
- Lip Balm / Chapstick
- Comb or Brush
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TECH & FUN

- Phone & Charging Cord
- Tablet & Charging Cord
- Laptop & Charging Cord
- Headphones & Charging Unit
- Watch & Charging Cord
- Book or Magazine in case of no cell service
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HEALTHY EXTRAS

- Vitamins
- Pain Reliever: Advil or Tylenol
- Digestion Aids: Immodium or Heartburn Tablets
- Allergy Medications
- Prescription Medicines
- Sunblock for both face and body
- Band-aids for blisters
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EXTRAS I NEED TO BRING: